

# HOSPITAL BAG

## Checklist

### *clothes for mama:*

- Nursing Bras
- Comfortable Undies
- Slippers/Booties
- Socks
- Nightgown/Pajamas
- Soft Nursing Friendly Tops
- Comfortable Bottoms
- Going Home Outfit

### *toiletries:*

- Deodorant
- Hair Ties & Bobby Pins
- Hair Brush
- Lip Balm
- Shampoo & Conditioner
- Toothbrush & Toothpaste

### *extras:*

- Special Pillows or Blankets
- Book/Magazine
- Water Bottle
- \*Makeup
- Birth Plan

### *last-minute items:*

- iPad/Laptop
- Camera
- Chargers

### *for baby:*

- Receiving blankets
- Swaddle
- Baby Socks
- Baby Hat
- Sleepers
- Onesies
- Pants
- Going Home Outfit
- Infant Car Seat

*notes:*