

THIRD TRIMESTER CHECKLIST

- Write Your Birth Plan
- Take a Breastfeeding Course
- Clean, Clean, Clean!
- Stock up on Household Essentials
- Take Maternity Photos
- Finish Buying Things For Baby
- Put The Nursery Together
- Put Together a Breastfeeding Basket
- Wash Baby Clothes & Put Away
- Read up on Safe Baby Sleep
- Take a Birthing Class
- Download a Contraction Timer App
- Get Your Postpartum Care Kit Together
- Decide on a Baby Name
- Prepare For Maternity Leave
- Make Pre-Baby Freezer Meals
- Pre-register at the Hospital
- Declutter and Organize
- Put Together a Diaper Changing Kit
- Get Your Hospital Bag Together
- Tour The Hospital
- Attend Your Baby Shower
- Schedule Newborn Photos
- Choose & Confirm a Pediatrician
- Read Some Birth Stories
- Keep an Eye on Your Symptoms
- Buy a Baby Book
- Install The Car Seat
- Download Infant & Breastfeeding Apps
- Pamper Yourself